



Resuscitation Quality Improvement[®] (RQI[®])

Verified CPR Competence. When It Matters Most.

Traditional CPR training doesn't reflect the realities of today's EMS environment. Skills decline between infrequent training, while demanding schedules make consistent practice difficult. Without performance data, gaps persist between certification and real-world readiness.

Resuscitation Quality Improvement[®] (RQI[®]), developed by the American Heart Association[®] and Laerdal, delivers flexible, data-driven CPR education that prepares and certifies first responders to perform with confidence—anytime, anywhere.

Resuscitation Quality Improvement

Move Beyond Certification to Continuous Readiness

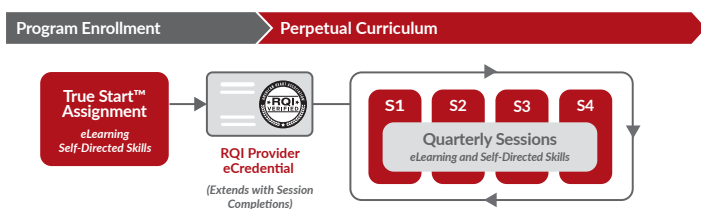
RQI replaces traditional certification cycles with short, quarterly learning and skills verification, completed at a Simulation Station or with the RQI GO Bag and integrated into everyday workflows—making it easier to build and maintain mastery.

By focusing on verified competence, RQI ensures first responders are consistently prepared to deliver high-quality CPR. Real-time performance data provides visibility into readiness, while a scalable digital platform empowers teams to train on their own schedule.

The RQI portfolio (BLS Provider, ALS, PALS, and Responder) delivers a more effective, flexible, and cost-efficient alternative to traditional CPR programs—improving care delivery and supporting better patient outcomes.

- **Helps save more lives** – verifies CPR competence, builds responder confidence, and improves care delivery in the field.
- **Low-dose, high-frequency quarterly learning** – reinforces skills in short, quarterly sessions to improve retention and performance under pressure.
- **Analytics** – provides real-time performance data at the learner and organization level.
- **Flexible learning platform** – delivered through RQI IStop®, enabling anytime access to training, reporting, and program management from the station or on the go.
- **RQI eCredential** – issued each quarter through the American Heart Association's RQI program, the certification includes a perpetual 2-year eCard, reflecting ongoing validation of skills and representing the gold standard for learners who maintain verified competence through continuous participation in RQI.

RQI Learner Journey



Looking to improve CPR readiness—and make certification easier to manage?

Scan the QR code to explore how RQI supports EMS and first responders.



[Laerdal.com/rqi-for-first-responders](https://laerdal.com/rqi-for-first-responders)

True Start™: A New, Simplified Learner Journey

True Start™ is a streamlined onboarding experience for RQI learners. The True Start assignment uses True Adaptive™ learning, powered by Area9 Lyceum's Rhapsode™ platform, to continuously adjust content based on what a learner knows, how confident they are, and how they respond in real time. The result? An effective, efficient, and personalized journey that ensures every learner begins with a strong foundation, improving long-term success.

What's Included?

- Introduction & Questionnaires
- eLearning Course
- Skills Baseline and Assessment Activities

Estimated Time to Complete:

- RQI BLS Provider: 1-1.5 hours
- RQI ALS: 2-3 hours
- RQI PALS: 3-4 hours

Innovative CPR training built for the real world of EMS and first responders

- **True Adaptive™ Learning** – personalizes training in real-time based on each learner's performance.
- **Mobile-ready design** – access training on tablets or mobile devices in dynamic environments.
- **Contextual training** – designed for real-world response environments and the roles of EMS and first responders.
- **RQI GO Bag** – portable simulation station with tablet interface for flexible training across stations, shifts, and locations.
- **Accessible learning** – WCAG 2.1 AA compliant to support all learners.
- **Multilingual content** – available in multiple languages to support diverse teams.