MamaBreast is a breastfeeding simulator which supports training in exclusive breastfeeding, manual expression and Kangaroo Mother Care. The simulator also facilitates learning of communication skills.
Prepare MamaBreast for use

Fill with water
1. Open the cap and pour in water until it is partially full.
2. Massage the bag from the outside with both hands. This will separate the foils and make filling the bag with water easier.
3. Pour a total of 500 ml water in each bag.

⚠️ Caution: Do not use milk, as this will damage the product.

Adjust MamaBreast
1. Put MamaBreast on your body.
2. Adjust the waist strap to get a comfortable fit around the side.
3. Adjust the height by pulling the strap on the neck.
**Simulate breast milk expression**

To express water turn the valve to the \( \Diamond \) symbol and squeeze the breast gently and consistently, until the water comes out of the nipple.

To stop water expression, turn the valve to the \( \Box \) symbol.

Note: When using MamaBreast for the first time, there could be some air in the system that will prevent the water from coming out right away. You will need to squeeze the breast several times before water comes out.

**Troubleshooting**

If water is not flowing
1. Check that the valve is pointing to the \( \Diamond \) symbol.
2. Massage the tip of the nipple while squeezing the breasts. This will accelerate the water flow through the system.

**Maintenance**

To clean
Wipe with a soft moist cloth or rinse in cold water and dry in the shade.
Do not dry in direct sunlight.

To store and transport
Empty both water bags during travel and extended storage periods.
Kit contents

- MamaBreast Breastfeeding Simulator
- Nifty Feeding Cup
- User Guide

Units

Main units
MamaBreast is available as a package with PreemieNatalie or as a standalone model.

<table>
<thead>
<tr>
<th>Cat. no</th>
<th>Description</th>
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<tbody>
<tr>
<td>460-00033</td>
<td>MamaBreast</td>
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<tr>
<td>107-10003</td>
<td>PreemieNatalie (dark) + MamaBreast</td>
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<tr>
<td>107-10004</td>
<td>PreemieNatalie (light) + MamaBreast</td>
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Associated products

<table>
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<th>Description</th>
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<td>107-10001</td>
<td>PreemieNatalie (dark)</td>
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<tr>
<td>107-10002</td>
<td>PreemieNatalie (light)</td>
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<td>104-10005</td>
<td>NeoNatalie Complete (dark)</td>
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<td>104-10006</td>
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<td>340-00233</td>
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<td>340-00333</td>
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</table>

For more details and product videos, visit www.laerdalglobalhealth.com

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