Every day, 1,000 women die during pregnancy and childbirth. 800 of them could be saved if a skilled birth attendant was present during the delivery.

The first module, Bleeding after Birth, gives health workers skills in prevention, detection and management of postpartum hemorrhage, the leading cause of maternal death.

It provides effective training using graphic materials and interactive, hands-on practice with the MamaNatalie Birthing Simulator.

It is consistent with Helping Babies Breathe to ensure the essential linkage between the care of the mother and care of the baby.

“We regularly practice scenarios from Helping Mothers Survive at our health center. It makes us feel confident and we can give good care to mothers and babies”.

- Yetmwork, Ethiopian midwife.

To learn more about Helping Mothers Survive and access the training materials, visit: www.helpingmothersssurvive.org
Helping Mothers Survive
Bleeding after Birth

Prepare for birth

Birth (See HBB Action Plan for baby)

Give medication to expel placenta

Perform controlled cord traction to deliver placenta

Placenta out?

Not out in 30 minutes
Encourage empty bladder
Repeat 10 units oxytocin
Repeat controlled cord traction

Out

Check tone
Massage if soft

Placenta complete?

Complete

Uterus hard?

Soft
Massage uterus

Hard
Massage uterus
Repeat medication

Bleeding normal?

Bleeding excessive

Press on tears
Compress uterus

Continue care:
Check tone
Monitor bleeding
Check vital signs
Encourage breastfeeding

Normal

Hard

Advanced care
Keep warm

Not out in 60 minutes
Advanced care