

Helping Mothers Survive

**Every day, 1,000 women die during pregnancy and childbirth.
800 of them could be saved if a skilled birth attendant was
present during the delivery.**

The first module, Bleeding after Birth, gives health workers skills in prevention, detection and management of postpartum hemorrhage, the leading cause of maternal death.

It provides effective training using graphic materials and interactive, hands-on practice with the MamaNatalie Birthing Simulator.

It is consistent with Helping Babies Breathe to ensure the essential linkage between the care of the mother and care of the baby.



“We regularly practice scenarios from Helping Mothers Survive at our health center. It makes us feel confident and we can give good care to mothers and babies” .

- Yetmwork, Ethiopian midwife.

To learn more about Helping Mothers Survive and access the training materials, visit: www.helpingmotherssurvive.org

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Bleeding after Birth

Prepare for birth

Birth (See HBB Action Plan for baby)

10 IU  or  200 mcg x 3 = 600 mcg

Give medication to expel placenta



Perform controlled cord traction to deliver placenta

Placenta out? —————> Not out



Check tone
Massage if soft

Placenta complete?

Complete



Uterus hard?

Hard



Bleeding normal?

Normal



Continue care:

Check tone
Monitor bleeding
Check vital signs
Encourage breastfeeding

Encourage empty bladder
Repeat 10 units oxytocin
Repeat controlled cord traction



Not out
in 60 minutes

Incomplete

Advanced care



Massage uterus

Massage uterus
Repeat medication

Hard
Bleeding excessive



Press on tears

Soft
Bleeding excessive



Compress uterus

Hard
Bleeding normal



Advanced care
Keep warm