Laerdal-SonoSim Ultrasound Solution

User Guide







Introduction

The Laerdal-SonoSim Ultrasound Solution integrates real patient-based ultrasound cases into the SimMan[®] family and SimMom[®] simulators, making it easy to perform a simulated ultrasound examination at any time. Users can now incorporate diagnostic ultrasound scanning of real ultrasound cases with pathological findings into full-scale simulations.

The Laerdal-SonoSim Ultrasound Solution comprises the simulator skin with embedded LS tags, LS Probe, Quick Setup Guide, and a Laerdal-SonoSim Computer (purchased separately from the Content Bundles). Together with the SimMan[®] family and SimMom[®] simulators, the Laerdal-SonoSim Ultrasound Solution offers a complete simulation package. This User Guide outlines how to set up and run the Laerdal-SonoSim Ultrasound Solution.

Table of Contents

Simulator & LLEAP Setup	3
Laerdal-SonoSim Computer Setup	5
Laerdal-SonoSim Help in Laerdal Simulation Home	12
SonoSimulator [®] Button Definitions	13
Preparation & Scenario Setup	15
Progressing through a Scenario	19
Debriefing	21
Appendix: SimMan [®] Family Quick Setup Guide	23
Appendix: SimMom [®] Quick Setup Guide	36
Technical & Customer Support	48

Step I - Set Up the Simulator

Set up the manikin as per Quick Setup Guide (see page 23 and onwards in this document).

Note: SimMan[®] ALS and SimMom[®] simulator Link Box must be configured to be discoverable via the 'High Bandwidth Internet Network'.

Step 2- Set Up LLEAP

I. Download the Laerdal-SonoSim Ultrasound Solution Scenarios from the Laerdal SimStore

a. Registration

Via online registration, register the instructor PC or tablet with the SimStore.



b. Download & Synchronize Scenarios

Download and synchronize the scenarios to the instructor PC/tablet. The synchronized content is now ready for use on the instructor application.



2. Starting Simulation in LLEAP

Start the instructor PC and launch the Laerdal Simulation Home screen. From the Laerdal Simulation Home screen, open the LLEAP - Instructor Application to display the instructor monitor interface, and Patient Monitor application to display the patient monitor interface. Follow on-screen prompts to fully connect to the LLEAP interface. Open the desired Laerdal-SonoSim Scenario downloaded from the SimStore. For more information on LLEAP start-up, refer to the LLEAP help files.

* For the Late Stage Pregnancy Bundle for SimMom[®], ensure that both the LLEAP - Instructor Application and the Patient Monitor application have been opened prior to starting a scenario.

Step 3- Set Up the Laerdal-SonoSim Computer

I. Internet Connection

Ensure the Laerdal-SonoSim Computer is connected to a 'High Bandwidth Internet Network' to access data used in the scenarios. This is in addition to the SimMan[®] network used by LLEAP for all SimMan[®] family simulators except SimMan[®] ALS. For SimMan[®] ALS and SimMom[®], ensure that the Laerdal-SonoSim computer and the simulators are connected to the same 'High Bandwidth Internet Network'.



2. Plug in the LS Probe

Plug the LS Probe into an available USB port on the computer. The LS Probe is designed to work with Laerdal-SonoSim cases.



3. Launch the Software

Double-click on the Laerdal Simulation Home icon on the desktop screen. Then select the 'Laerdal-SonoSim Ultrasound Solution' tile under the 'Simulate' section of the Laerdal Simulation Home screen to launch the Laerdal-SonoSim Ultrasound Solution software.



4. Select Simulator

On the Laerdal SimSelector, a list of available SimMan[®] family or SimMom[®] simulators will display under the 'Patient Simulator' section. Select the simulator that is being used by LLEAP. The ultrasound case corresponding to the scenario open on LLEAP will automatically load on the SonoSimulator[®]. This eliminates step 6 of the setup process. However, If you choose to 'Skip' connecting to a simulator, step 6 of the setup process must be performed.



5. Probe Calibration

a. Probe Calibration for SimMan® family simulator

Follow the on-screen instructions to calibrate the LS Probe for SimMan[®]. Ensure the probe scanning surface is held parallel to the manikin skin. Place the probe on the flat surface below the belly button. Point the probe indicator towards the head of the manikin, then click 'OK'. The LS Probe is now ready for use.



b. Probe Calibration for SimMom®

Follow the on-screen instructions to calibrate the LS Probe for SimMom[®]. Ensure the probe scanning surface is held parallel to the manikin skin. Place the probe on the belly button. Point the probe indicator towards the head of the manikin, then click 'OK'. The LS Probe is now ready for use.



6. Select the Laerdal-SonoSim Ultrasound Case (optional)

Note: This step needs to be performed only if you choose 'Skip' on the Laerdal SimSelector screen.

The Laerdal-SonoSim ultrasound case needs to correspond to the scenario previously selected on the LLEAP instructor PC. To make a manual case selection, click on the 'Case List' button. A menu of purchased Laerdal-Sonosim ultrasound case bundles will appear. Select the appropriate case bundle. Another sub-menu listing the cases will then appear. Select the case number that corresponds with the scenario number selected on the instructor PC. This will ensure that the SonoSimulator[®] is in sync with the LLEAP interface.



7. Stand-By Mode

The SonoSimulator[®] is now ready to be used by the learner. No further action is required by the instructor, as the SonoSimulator[®] case, the LLEAP interface, and selected Laerdal-SonoSim scenario are synchronized. The learner can now use the SonoSimulator[®] as indicated during the course of the scenario.

8. Scanning

When ultrasound is requested by the learner during the scenario session, scanning can commence. Place the LS Probe on one of the imaging-window indicator dots on the manikin skin to start scanning. Each point is positioned over designated imaging windows that display real patient-based ultrasound images.

Note: If you scan over an imaging window that is not part of the selected case, a message will be displayed, e.g., "This image window is not part of your eFAST scan protocol."



9. Scanning a Different Body Location

To scan a different body location, lift the LS Probe and position it over another imaging window, identified by a corresponding indicator dot.



IO. Recalibrate the Probe

Recalibrate the probe according to step 5 at the beginning of each new scenario.



SonoSimulator[®] Button Definitions

Case List	FAST LAR 7GY	Selecting the Case List allows you to view a list of available training cases sorted by topic.
Case		This feature allows you to navigate forward or backward to the next hands-on training case by clicking on the arrow icons on the Case button.
Case History		This button provides a brief patient history including information such as age, gender, vital signs, and chief complaint.
Findings		The Findings button provides immediate expert feedback. A narrated version of the original ultrasound clip provides what users should recognize while scanning a corresponding SonoSim [®] case. This feature should only be used during the debriefing session.
Compression*		This feature is available for select cases and allows a user to compress a target vessel by selecting and holding to compress. This feature is inactive if it remains dim in appearance when you move your cursor over it.
Calibrate		This feature allows you to calibrate the LS Probe prior to use. Upon clicking the Calibrate button, you will be prompted to position the probe on a flat skin surface along the sagittal, or midline long axis of the manikin. Point the probe indicator towards the head of the manikin. Once "OK" is selected the probe is ready for use.
Help	[?]	Selecting this button will open the Laerdal-SonoSim User Guide or the Align Tag feature.
Main Menu		Selecting this button will quit the application.

SonoSimulator[®] Button Definitions

Depth	()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()()	Selecting these arrows adjusts the image depth displayed within the virtual ultrasound image.
Gain	(† (†	Selecting these arrows makes the displayed ultrasound image brighter or darker:
Doppler		When available, this button will turn on the Doppler display within the ultrasound image.
Flip	•	Selecting on this icon will flip the probe indicator to the opposite side of the virtual ultrasound screen (e.g., cardiac versus abdominal imaging preset mode) and display the mirror ultrasound image.
Freeze		Selecting this button will freeze the current obtained ultrasound view, and a subsequent click will unfreeze the image.
Save		Selecting this button saves the frozen ultrasound views.
Review		This button allows you to review saved views.
Annotate		This feature allows the user to type annotations associated with the ultrasound views. This button is only available when the image is frozen.
Split	-	When available, this button will cause two images to display: the ultrasound image plus a corresponding MRI, CT, X-Ray. A subsequent click will return the display to ultrasound image only.
Calipers		The caliper button enables you to perform various measurements within the ultrasound view, and some measured dimensions can be stored.

*This feature is inactive if it remains dim in appearance when you move your cursor over it.

Preparation & Setup of a Scenario

To commence a simulation session, preparation and setup of a scenario is required on the patient monitor and instructor PC. Using on-screen prompts, the instructor will need to perform all preparation events listed in LLEAP. These preparation events include: 'Instructions for Blood Pressure Settings,' 'Set Learner Mode,' 'Set Learner Level,' and 'Instructions for Ultrasound Settings.'

I. Blood Pressure Settings

This must be done on the Patient Monitor (not the instructor PC). Select the noninvasive blood pressure (NBP) parameter setting. This will bring up a pop-up window, 'Setup NBP'. Click on the downward arrows to reveal options for Repetition Time and 'Auto/Manual' modes. Click on 'Repetition Time' and choose 'I MIN' from the sub-menu. Next, click on 'Auto/Manual' and select 'Auto'. The patient monitor will now display confirmation of your configuration. Then redisplay the Learner Brief/ Patient Information on the patient monitor by clicking on 'Adult' at the top of the screen. On the instructor monitor click the 'Learner Patient Monitor Buttons' tab and select 'NBP' to start cycling blood pressure on the patient monitor.



2. Set Learner Mode

There are three modes offered with each scenario: 'Individual Learner,' 'Team Training,' and 'Manual.' Select the desired mode. When Individual-Learner Mode is selected, the simulator gives pre-programmed audio responses for every order requested in the scenario. This mode is useful to examine an individual learner's medical decisionmaking and provides closed-loop communication between the learner and the scenario itself. When Team-Training Mode is selected, the simulator does not respond with audio responses for every order requested in the scenario. The support material includes role cards for team members to act in response to the team leader. This mode is useful to examine communication between team members and to assess the logistics of real patient care. It can also be used to assess learner medical decisionmaking. Team-Training Mode requires verbal dialog between team members to achieve closed-loop communication. Manual Mode allows instructors to program their own scenarios using LLEAP software. The case history, ultrasound findings, and findings videos are provided, but instructors are free to program their customized scenarios. The patient's initial vital signs will be programmed in accordance with ultrasound-image physiology (i.e., heart rate and respiratory rate).

Note: Instructors should not allow learners to use the Findings Video feature during the scenario session. This feature is designed to be used in the debriefing session.



3. Set Learner Level

There are three learner levels associated with each scenario: 'Novice,' 'Intermediate,' and 'Advanced.' The difference in the levels is based on time allocated to complete the scenario. The Novice level allows the learner the greatest amount of time, the Intermediate level slightly less time, and the Advanced level the least amount of time to complete the scenario. Performing ultrasound adds time to the overall scenario length. Based on the experience of the learner, select the appropriate level.



4. Generate EFM History

This is an additional step in the Late Stage Pregnancy Scenario Module to load the auto-programmed Electronic Fetal Monitor (EFM) history for the scenario. On-screen instructions are available to ensure proper loading of the EFM history.

Note: It is essential to have the the 'Laerdal Patient Monitor' application open and connected to the manikin before choosing the scenario to ensure proper loading of the EFM history.



5. Instructions for Ultrasound Settings

With the Laerdal-SonoSim Computer already set up as previously instructed, follow the individual scenario instructions for selecting the ultrasound settings. These instructions will guide the instructor when to make the Laerdal-SonoSim Computer available or unavailable to the learner. Instructor messages are also provided throughout the scenario as reminders to make the unit available or unavailable.



6. Starting the Scenario

As the final step, the instructor will have to select 'Click Here to Start Phase I' to proceed. If all preparation events have not been selected, the instructor will receive a message reminding him or her to select all preparations.



Progressing through a Scenario

Once the scenario has started, the task of the instructor becomes clicking and registering every event as they occur during the session. A scenario can consist of one or multiple phases, and each phase provides a selection of relevant events "for that phase." Progressing through the scenarios occurs in three different ways: completing essential events, exceeding alloted time, or requesting the next phase.

I. Completing Essential Events

The learner performs all Essential Events in a 'Phase' of patient care.



2. Exceeding Allotted Time

The learner exceeds the allotted time for a 'Phase' of patient care (alloted time can be configured for novice, intermediate, and advanced learners).



3. Requesting the Next Phase

The learner requests to advance to the next 'Phase' of patient care.



Debriefing

Once the learner has completed the session, the instructor 'Ends the Session'. This will end the current scenario and store all relevant details to that scenario to be used for the debriefing session, e.g., if the scenario completed was Trauma Care 6, information relating to Trauma Care 6 will be available. The instructor can conduct a debriefing session using a combination of the Laerdal software and the SonoSimulator[®].

I. Laerdal Software

The instructor can use either 'Session Viewer,' which is part of the LLEAP platform, or purchase 'SimView Server' separately. Both debriefing applications include a 'Simulation Information' tab and an 'Event Log' tab that record each session run. Video camera and screen capture recordings made during the session can also be reviewed.



a. Simulation Information

This section is an overview of the session and includes information such as the date and time, instructors, participants, and summary notes.



b. Event Log

This section provides a time-stamped log of all events that have occurred during the scenario session. This includes events that have been performed by the learner as well as events that have not been executed. Examples of events noted include the start and end of a phase, explanations for critical events with cited references, and ultrasound findings, if ultrasound has been initiated.



2. SonoSimulator®

The instructor can provide a comprehensive summary of the ultrasound findings for the scenario to the learner by using the SonoSimulator[®]. Using the case that has just been completed (e.g., Trauma Care 6), select the 'Findings' button on the SonoSimulator[®] interface. This provides a narrated version of the original ultrasound clip and explains what learners should recognize while scanning a corresponding SonoSim[®] case.





SimMan[®] Family

Laerdal-SonoSim Ultrasound Solution Quick Setup Guide



This Quick Setup Guide describes how to assemble and set up the Laerdal-SonoSim Ultrasound Solution for the SimMan[®] family. For more information about using the Laerdal-SonoSim Ultrasound Solution software, reference the User Guide and the Product Tour Video found on the Laerdal Simulation Home.

For information about how to use SimMan[®], please refer to the SimMan[®] User Guide specific to your manikin and the LLEAP help files.

Download the latest SimMan® User Guide at www.laerdal.com/download

Cautions and Warnings:

1. LS Tags must not be used on anyone using a pacemaker, implantable cardioverter defibrillator, or other electronic medical device. Components of the technology may interfere with such medical devices.

2. Do not use ultrasound gel, and avoid exposing the LS Tags and LS Probe to any liquids.

- 3. Avoid bending or applying excessive force to the LS Tags. This will damage the tag.
- 4. Manikin skins should be cleaned with a damp cloth only.
- 5. Use the product only as intended and described in the User Guides.



i

Torso Skin with LS Tags







User Information



Left and Right LS GroinTags



Laerdal-SonoSim Computer (sold separately)





10. Suprapubic

Note:

LS Tags are embedded in the skin. The exterior surface is marked for easy identification of tag location.























Ensure the Laerdal-SonoSim Computer is connected to the LS Probe and the Internet before starting the Laerdal-SonoSim Ultrasound Solution software for the first time to activate the product.



Note:

Included videos will only work with a connection to the Internet.









Instructor PC



Log in to your SimStore account on the Instructor PC. Download the Laerdal-SonoSim Scenarios that you have purchased.

Start the Scenario that matches the Ultrasound Case.



6a

Note: SimMan® ALS Link Box network must be configured to be discoverable via the 'High Bandwidth Internet Network'.





USB cable —

Wireless Network Connection

A stand-alone network connection is required to view the Laerdal-SonoSim Computer in Session Viewer. To add the Laerdal-SonoSim Computer as a screen capture device, select "Add Equipment" in the Equipment Configuration section.

Note:





Note:

The SimView System is sold separately. You must be logged into the SimView software as an Administrator. To add the Laerdal-SonoSim Computer as 1 of the 4 video capture devices, in the Equipment Configuration section select "Add Equipment," then select "Laerdal Patient Monitor" or "Unified Patient Monitor." A stand-alone network connection is required. Please refer to the SimView User Guide for more information.



SimMom®

Laerdal-SonoSim Ultrasound Solution Quick Setup Guide



This Quick Setup Guide describes how to assemble and set up your Laerdal-SonoSim Ultrasound Solution for SimMom[®]. For more information about using the Laerdal-SonoSim Ultrasound Solution software, reference the User Guide and the Product Tutorial Videos found on the Laerdal Simulation Home.

For information about how to use SimMom[®], please refer to the SimMom[®] User Guide and LLEAP help files. SimMom[®] has been developed in partnership with Limbs & Things and Laerdal, combining the best that both companies have to offer in healthcare simulation products.

Download the latest SimMom[®] User Guide at www.laerdal.com/download

Cautions and Warnings:

1. LS Tags must not be used on anyone using a pacemaker, implantable cardioverter defibrillator, or other electronic medical device. Components of the technology may interfere with such medical devices.

2. The LS chest, gravid skin, and non-gravid skin for clarity and proper sentence structure should not be used during manual or automatic birthing simulations.

3. Do not use ultrasound gel, and avoid exposing the LS Tags and LS Probe to any liquids.

- 4. Avoid bending or applying excessive force to the LS Tags. This will damage the tag.
- 5. Do not cut or puncture the LS chest, gravid, and non-gravid skins.
- 6. Manikin skins should be cleaned with a damp cloth only.
- 7. Use the product only as intended and described in the User Guides.



i

Chest Skin



Gravid Belly Skin



Non-Gravid Belly Skin







Chest Foam

Gravid Belly Foam

Non-Gravid Belly Foam



LS Probe



Warranty

WEEE

Quick Setup

Guide



Laerdal-SonoSim Computer (sold separately)



LS Tag Locations

Chest Skin

- I. Right Chest
- 2. Left Chest
- 3. Parasternal
- 4. Apical
- 5. Subcostal
- 6. Right Upper Quadrant
- 7. Left Upper Quadrant



Chest Skin

Non-Gravid Belly Skin

- 8. Proximal IVC
- 9. Mid Aorta
- 10. Suprapubic
- II. Right Adnexa
- 12. Left Adnexa
- 13. Upper Uterus
- 14. Lower Uterus



Gravid Belly Skin

- 8. Proximal IVC
- 9. Parauterine Right Upper Quadrant
- 10. Suprapubic
- 11. Parauterine Right Lower Quadrant
- 12. Infraumbilical
- 13. Parauterine Left Lower Quadrant
- 14. Lower Uterus
- 15. Parauterine Right Mid Quadrant
- 16. Parauterine Left Upper Quadrant
- 17. Parauterine Left Mid Quadrant
- 18. Upper Uterus
- 19. Supraumbilical

Non-Gravid Belly Skin



Note:

LS Tags are embedded in the skin. The exterior surface is marked for easy identification of tag location.

la





Non-Gravid Abdome	en Setup









2

Ensure the Laerdal-SonoSim Computer is connected to the LS Probe and the Internet before starting the Laerdal-SonoSim Ultrasound Solution software for the first time to activate the product.



Note:

Included videos will only work with a connection to the Internet.









Instructor PC



Log in to your SimStore account on the Instructor PC. Download the Laerdal-SonoSim Scenarios that you have purchased.

Start the Scenario that matches the selected Ultrasound Case.





Note:

Wireless Network Connection

A stand-alone network connection with Internet access is required to view the Laerdal-SonoSim Computer in Session Viewer. To add the Laerdal-SonoSim Computer as a screen capture device, select "Add Equipment" in the Equipment Configuration section.





Note:

Air — USB Cable — Wireless Network Connection

The SimView System is sold separately. You must be logged into the SimView software as an Administrator. To add the Laerdal-SonoSim Computer as 1 of the 4 video capture devices, in the Equipment Configuration section select "Add Equipment," then select "Laerdal Patient Monitor" or "Unified Patient Monitor". A stand-alone network connection with Internet access is required. Please refer to the SimView User Guide for more information.

Laerdal and SonoSim are committed to providing clients with the gold standard of customer service. Laerdal Customer Service Representatives will provide the first line of customer support.

If you are experiencing technical issues with your Laerdal-SonoSim Ultrasound Solution, please contact us at http://www.laerdal.com/pages/contactforms - and choose your country for support.

Federal Communications Commission Statement

This device complies with Part 15 of the FCC Rules and RSS-210 of IC rules. Operation is subject to the following two conditions: 1. This device may not cause harmful interference, and 2. This device must accept any interference received, including interference that may cause undesired operation. This equipment has been tested and found to comply with the limits

The a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna
- Increase the separation between the equipment and the receiver
- Connect the equipment into an outlet on a circuit different from
- that to which the receiver is connected
- Consult the dealer or an experienced radio/TV technician for help.

The term "IC" before the equipment certification number only signifies that the Industry Canada technical specifications were met. Changes or modification not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Déclaration de la Commission Fédérale des Communications

Cet appareil est conforme à la section 15 des règles de la FCC et RSS-210 des règles IC. Son fonctionnement est sujet aux deux conditions suivantes :

1. Cet appareil ne doit pas causer des interférences nuisibles, et 2. Cet appareil doit accepter toute interférence reçue, y compris les interférences qui peuvent provoguer un fonctionnement indésirable. Cet équipement a été testé et jugé conforme aux limites d'un appareil numérique de classe B, conformément à la section 15 des règles de la FCC. Ces limites sont conçues pour fournir une protection raisonnable contre les interférences nuisibles dans une installation résidentielle. Cet équipement génère, utilise et peut émettre une énergie radiofréquence et, s'il n'est pas installé et utilisé conformément aux instructions, peut causer des interférences nuisibles aux communications radio. Cependant, il n'y a aucune garantie que des interférences ne se produiront pas dans une installation particulière. Si cet équipement provoque des interférences nuisibles à la réception radio ou télévision, ce qui peut être déterminé en allumant et en éteignant l'équipement, l'utilisateur est encouragé à essayer de corriger l'interférence par une ou plusieurs des mesures suivantes :

- Réorienter ou déplacer l'antenne réceptrice.

- Augmenter la distance entre l'équipement et le récepteur.

- Connecter l'équipement à une prise sur un circuit différent de celui sur lequel le récepteur est branché.

- Consulter le revendeur ou un technicien radio/TV expérimenté pour obtenir de l'aide.

Le terme "IC" avant le numéro de certification de l'équipement signifie uniquement que les spécifications techniques d'Industrie Canada ont été respectées.

Les changements ou modifications non expressément approuvés par la partie responsable de conformité pourrait annuler l'autorité de l'utilisateur à utiliser l'équipement.

Waste Handling



Dispose of in accordance with local requirements and regulations.

Certification

The product is in compliance with the essential requirements of Council Directive 1999/5/EC on radio and telecommunications terminal equipment (R&TTE). The product is in compliance with Council Directive 2011/65/EU on restriction of the use of certain hazardous substances (RoHS).

© 2016 Laerdal Medical. All rights reserved.

Manufacturer: Laerdal Medical Corporation 226 FM 116, Gatesville, Texas 76528 USA T: +1 (254) 865-7221

SonoSim, Inc. 1738 Berkeley St, Santa Monica, CA 90404, USA T: +1 (323) 473-3800

Distributed in EU by Laerdal Medical AS P.O. Box 377, Tanke Svilandsgate 30, 4002 Stavanger, Norway T: (+47) 5151 1700

V02.091516

