# MamaBreast Breastfeeding Simulator

Directions for Use



MamaBreast is a breastfeeding simulator which supports training in exclusive breastfeeding, manual expression and Kangaroo Mother Care. The simulator also facilitates learning of communication skills.

## Prepare MamaBreast for use

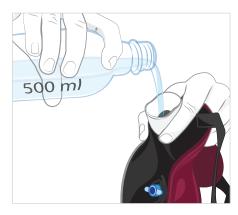
#### Fill with water

1. Open the cap and pour in water until it is partially full.

2. Massage the bag from the outside with both hands. This will separate the foils and make filling the bag with water easier.

3. Pour a total of 500 ml water in each bag.

A Caution: Do not use milk, as this will damage the product.

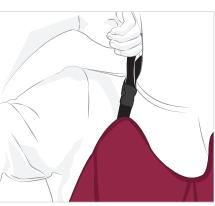




### Adjust MamaBreast

Put MamaBreast on your body.
Adjust the waist strap to get a comfortable fit around the side.
Adjust the height by pulling the strap on the neck.

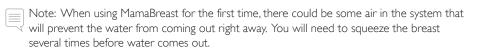


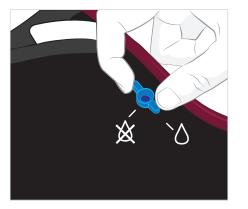


## Simulate breastmilk expression

To express water turn the valve to the  $\triangle$  symbol and squeeze the breast gently and consistently, until the water comes out of the nipple.

To stop water expression, turn the valve to the  $\bigstar$  symbol.





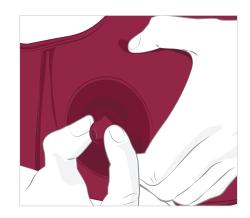


## Troubleshooting

### If water is not flowing

1. Check that the valve is pointing to the  $\triangle$  symbol.

2. Massage the tip of the nipple while squeezing the breasts. This will accelerate the water flow through the system.



## Maintenance

#### To clean

Wipe with a soft moist cloth or rinse in cold water and dry in the shade. Do not dry in direct sunlight.

To store and transport

Empty both water bags during travel and extended storage periods.

## Kit contents

- MamaBreast Breastfeeding Simulator
- Cup with lid (30 ml)
- Transport / storage bag
- Directions for Use

## Units

#### Main units

MamaBreast is available as a package with PreemieNatalie or as a standalone model.

Cat. no Description

460-00033 MamaBreast

- 107-10003 PreemieNatalie (dark) + MamaBreast
- 107-10004 PreemieNatalie (light) + MamaBreast

#### Associated products

- Cat. no. Description
- 107-10001 PreemieNatalie (dark)
- 107-10002 PreemieNatalie (light)
- 104-10005 NeoNatalie Complete (dark)
- 104-10006 NeoNatalie Complete (light)
- 340-00233 MamaNatalie Complete (dark)
- 340-00333 MamaNatalie Complete (light)

For more details and product videos, visit www.laerdalglobalhealth.com

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