Essential Care for Every Baby (ECEB) is a new training program on essential newborn care based on latest WHO guidelines.

Developed by the American Academy of Pediatrics, the curriculum begins after birth throughout the first day of the newborn’s life, until the time of discharge.

ECEB provides effective training using graphic training materials and interactive, hands-on simulators.

Combine ECEB with Helping Babies Breathe curriculum to ensure that every health worker is prepared to resuscitate and provide essential care to all babies.

To learn more about ECEB and access the training materials, visit: www.helpingbabiesbreathe.org or email hbs@aap.org
Helping Babies Survive

Essential Care for Every Baby

Following initial care after birth:
- Continue skin-to-skin care and monitor breathing

Initiate breastfeeding

PREVENT DISEASE
- Eye care
- Cord care
- Give vitamin K

ASSESS
- Exam
- Temperature
- Weight

CLASSIFY

NORMAL
- Maintain normal temperature
- Support breastfeeding
- Advise about breastfeeding problems
- Immunize
- Reassess baby for discharge
- Give parents guidance for home care

PROBLEM
- Abnormal temperature
- Under 2000 g
- Poor feeding

DANGER SIGN
- Fast breathing
- Chest indrawing
- Temperature <35.5°C or >37.5°C
- Not feeding
- No movement
- Convulsions

<1500 g or Severe jaundice

Express breast milk

Improve thermal care

Requires continued thermal support

Prolong skin-to-skin

Requires continued support

Use alternative feeding method

Give antibiotics

Give parents guidance for home care

Continue inpatient care

Seek advanced care

If at any time a DANGER SIGN presents, immediately give antibiotics and seek advanced care

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